

Arodama

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FIG PREMIUM JAM

Country of Origin: Greece Shelf life: 18 months

Storage conditions:

- Keep in cool and dry place until date of expiration
- After opening keep in refrigerator for 4 weeks

Serving Suggestions:

- Use Fig Jam on top of salads or cheese & prosciutto plate for a flavor burst!
- Ripple your favourite marmalade through softened vanilla ice cream and refreeze

Nutrition Facts Servings: 11, **Serv. size: 1 tbsp (20g / 0.7 oz)**, Amount per serving: **Calories 54**, **Total Fat 0g** (0% DV), **Sodium 0mg** (0% DV), **Total Carb. 12g** (4% DV), **Total Sugars 11g** (Incl. 11g Added Sugars, 22% DV). Not a significant source of Saturated fat, Trans Fat, Cholesterol, Dietary Fiber, Protein, Vitamin D, Calcium, Iron and Potassium. % DV = % Daily Value

Additional Attributes:

- Greek Product, Mediterranean diet
- 100% natural no preservatives or additives, Pasteurized
- Premium quality
- Awarded
- Tasteful and Healthy
- Home-made
- Only from fresh fruit
- Top quality Glass jar, Aluminum lid with security strip

90%
Fruit content

NUTRITION VALUE PER / ΔΙΑΤΡΟΦΙΚΗ ΑΞΙΑ ΑΝΑ 100g

ENERGY/ ΕΝΕΡΓΕΙΑ	1022.6kJ/240.7kcal
FAT/ ΛΙΠΑΡΑ	0.3g
OF WHICH / ΕΚ ΤΩΝ ΟΠΟΙΩΝ	
SATURATES/ ΚΟΡΕΣΜΕΝΑ	0.0g
CARBOHYDRATE/ ΥΔΑΤΑΝΘΡΑΚΕΣ	58.0g
OF WHICH / ΕΚ ΤΩΝ ΟΠΟΙΩΝ	
SUGARS/ ΣΑΚΧΑΡΑ	55.0g
PROTEIN/ ΠΡΩΤΕΪΝΕΣ	1.5g
SALT/ ΑΛΑΤΙ	0.01g

Logistics

Unit specs

Carton specs

EU Pallet specs

Item code: 30043
Barcode: 5200394300433

212 ml
Net weight: 220 g
Gross weight: 360 g

22x15x10 (LXWXH)
6 items
Gross weight: 2.36 kg

80x120x140
12 layers / 300 cartons/ 1800 items
Gross weight: 708 kg

Item code:
Barcode:

314 ml
Net weight: 370 g
Gross weight: 600 g

23x16x13 (LXWXH)
6 items
Gross weight: 3.8 kg

80x120x125
8 layers / 200 cartons/ 1200 items
Gross weight: 760 kg

